

Measures physical disability

Here you will find a list of the measures we want to implement for the System Change Camp 2025. We will endeavour to achieve all of them. But we cannot guarantee it. If you need specific support, please let us know in advance of the camp by registering. Then we can adjust accordingly. Also let us know if you are missing anything that you need to take part in the camp and we will endeavour to provide it. You can find our contact details under "Barrier-free registration".

Before the camp

Low-barrier registration

- Registration of individual support needs
 - via encrypted form:
<https://cryptpad.fr/form/#/2/form/view/aLptCttgQmld4KGfN1G1i9PhDnW+YVKBxsVFq9UuxSU/>
 - by phone: every Tuesday, 14:00-16:00 on +49 163 9799864
 - by e-mail: campfueralle@system-change-camp.org
- Possibility to specify needs such as medication refrigeration, rest requirements, stimulus reduction, physical rest or special nutrition
- Preferred places at the bed exchange

Information

- Information about the site on our website (e.g. site plan, location of quiet zones, shaded areas)
- Information about the programme on our website (incl. meal and break times)
- Support with packing through checklists
- List of barriers on our website

Arrival and departure and orientation

- Support person for arrival and departure
- Contact persons from the inclusion team on site
- Car parks close to the camp, if travelling by public transport 1km to the camp

At the camp

Infrastructure

- Low-barrier paths; stable, level surfaces, no stairs without alternatives
- Preferred places at the bed exchange for overnight stays in flats in Frankfurt
- Campsites in quiet and easily accessible locations
- Sleeping tents with groundsheets and camp beds
- Extra tent for nursing care
- Low-barrier sanitary facilities nearby

- Low-barrier kitchen/food counter
- Low-barrier shifts are labelled as such in the shift plan
- Safety: level escape routes, emergency plan incl. assistance for people with limited mobility
- Safer spaces on the camp
- Rest tents and retreats
- Water points and dog waste bags for assistance dogs
- Refrigerator for medication

Assistance

- Provision of assistance in everyday camp life (e.g. for pushing a wheelchair to event locations, handing over objects, chopping food or accompanying between camp locations)
- Provision of assistants for care activities (support for general hygiene, transfers and use of aids) - Please register in advance! Then we can discuss details. :)
- Inclusion team permanently available

Programme design

- Workshops in which disabilities are taken into account during physical activities
- Clear daily structure with sufficient breaks
- reserved seats in the front row
- Identification of barriers in the programme overview
- Reclining facilities in programme tents

Communication

- Sunflower buttons as a voluntary identification mark for invisible disabilities
- Provision of images, plans and videos of the camp site
- Site plans with clear symbols and accessible routes
- Telegram group for structural information (e.g. meal times)

After the camp

Feedback

- Opportunities for feedback via email or telephone so that we can improve our offer in subsequent years

Remaining barriers

- Long distance (approx. 1km) from a low-barrier public transport stop to the camp
- Mobility: We endeavour to make the site as accessible as possible. However, we cannot guarantee short or well-surfaced paths for all routes.

- Weather:
 - Rain: The camp takes place outdoors. Although all programme points and important places are covered, too much rain can make the paths more difficult to walk on.
 - Heat: We have taken some measures to counteract the heat, such as lots of trees, covered tents and sufficient drinking water. However, we can't do any more in hot weather.