

# Measures learning difficulties

Here you will find a list of the measures we want to implement for the System Change Camp 2025. We will endeavour to achieve all of them. But we cannot guarantee it. If you need specific support, please let us know in advance of the camp by registering. Then we can adjust accordingly. Also let us know if you are missing anything that you need to take part in the camp and we will endeavour to provide it. You can find our contact details under "Barrier-free registration".

## Before the camp

### Low-barrier registration

- Registration of individual support needs
  - via encrypted form:  
<https://cryptpad.fr/form/#/2/form/view/aLptCttgQmld4KGfN1G1i9PhDnW+YVKBxsVFq9UuxSU/>
  - by phone: every Tuesday, 14:00-16:00 on +49 163 9799864
  - by e-mail: [campfueralle@system-change-camp.org](mailto:campfueralle@system-change-camp.org)
- Possibility to specify needs such as medication refrigeration, rest requirements, stimulus reduction, physical rest or special nutrition
- Preferred places at the bed exchange

### Information

- Our website is also available in Easy Language
- Information about the site on our website (e.g. site plan, location of quiet zones, shaded areas)
- Information about the programme on our website (incl. meal and break times)
- Support with packing through checklists
- List of barriers on our website

### Arrival and departure and orientation

- Support person for arrival and departure
- Contact persons from the inclusion team on site

## At the camp

### Assistance

- A personal assistant can be booked in advance. They will accompany you and support you where you need it. This could be, for example, getting ready in the morning and evening, accompanying you to the camp and to the programme content or helping with meals.

### Infrastructure

- There is a campsite that is easy to find. It is close to the toilets and washbasins. It is also not far from the programme tents and the food counter
- There is a campsite that is extra quiet
- There are retreat tents and rest tents with opportunities to lie down.
- Fridge for medication
- Hearing protection and noise-cancelling headphones can be borrowed
- Signs and signposts help with orientation
- Clear labelling on the programme tents
- Clear site plan
- You can also stay overnight in a flat shared by a person from Frankfurt. This is called a bed exchange.

## **Mobility**

- Possibility of assistance (e.g. carrying loads, accompaniment when exhausted)
- Loanable mobility aids such as folding chairs, wheelchairs, etc.

## **Communication**

- The inclusion team is always available, day and night. You can ask them questions or ask for help.
- You can book a communication assistant. This will help you
- METACOM materials are available to borrow. These are symbols for communication support.
- You can voluntarily say "I have an invisible disability" with a sunflower button
- There are buttons for "I feel like sharing" and "I don't want to be approached"
- If you are overwhelmed or there are misunderstandings or you are unable to communicate well due to stress: The awareness team is there for you
- There are orientation aids with symbols and clear colours

## **Programme & Participation**

- There is a well-structured programme. You can download the programme as a PDF and print it out. It is also displayed on site. And there is an app that you can use to save the programme items that interest you.
- The programme also tells you what kind of event it is and what barriers exist.
- There are different types of programme content. Some also include movement or art.
- You can also take part in the programme if you have no prior knowledge or experience
- You don't have to do anything or take part in workshops
- You can also take part for a short time or with breaks
- Speakers know that they should speak slowly and clearly. They should use a variety of methods, e.g. painting, showing, writing. They should also show what they are saying.
- Familiar people or assistants can accompany you
- You can also lie down in the programme tents

- Take part: Our camp only works if everyone takes on tasks. We have suitable tasks for everyone. Talk to the inclusion team or the people in the information tent.

### **Low Barriers Day**

- We are organising Low Barriers Day on Friday 22 August.
- On this day, we will be offering lots of extra activities in easy and simple language.
- We create spaces for exchange and networking on the topic of activism & disability
- If you would like to offer content, please contact us by e-mail or telephone. The contact details are at the top of this website.
- There will be well-marked people on site to help you with any questions.

### **After the camp**

#### **Feedback**

- You can give us feedback by e-mail or telephone. This way we know how to improve the camp in future years
- It is okay to give feedback in simple language
- We welcome feedback on how we can better accommodate learning difficulties

#### **Remaining barriers**

- Not all information is available in easy or simple language
- Many workshops are in difficult language
- Not all people at the camp are trained in simple language or inclusive communication
- Camp environment can be confusing or overwhelming
- Spontaneous support is not always immediately available